

Format for Early Morning "Open" Meeting

Before you start, hand out the 4 laminated readings – 3rd step, 7th step, 10th step and 11th step from the leader notebook, as well as the closing reading "A Vision for You"

Welcome to the early morning meeting of Alcoholics Anonymous.

My name is _____ and I am an alcoholic. The format of this meeting is to read 3 parts from the Big Book of Alcoholics Anonymous followed by open discussion.

Do we have anyone attending their very first AA meeting? Do we have anyone attending the Cypresswood Group for the first time? We will pass the basket half way through the meeting in keeping with AA's seventh tradition. This is an open meeting and we ask that when sharing you limit your sharing to alcoholism and the recovery there from 3 to 5 minutes. And please remember that the lack of profanity will offend no one.

(Ask for any AA related announcements at this time)

Today I have asked _____ to read a portion from the 3rd step.

I have asked _____ to read a portion from the 7th step.

I have asked _____ to read a portion from the 10th & 11th step.

At the close of the meeting.....

Here at the Cypresswood Group we are on a chip system recognizing months of continual sobriety; is there anyone that desires one today?

Then ask someone to start reading the short form of the 12 Traditions off the wall chart.

I have asked _____ to read "A Vision for You" from the Big Book of Alcoholics Anonymous and lead us in the 3rd step prayer for closing.