

Cypresswood Group

Women's Book Study

Opening the meeting:

1. Welcome to the Cypresswood Women's Book Study meeting of Alcoholics Anonymous. My name is _____, and I am an alcoholic.
2. Alcoholics Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and to help other alcoholics to achieve sobriety.
3. Please join me in a moment of silence or meditation, followed by the Serenity Prayer:

"God - Grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference."

4. This is a closed meeting of Alcoholics Anonymous. In support of AA's singleness of purpose, attendance at closed meetings is limited to persons who have a desire to stop drinking. If you think you have a problem with alcohol, you are welcome to attend this meeting. We ask that when discussing our problems, we confine ourselves to those problems as they relate to alcoholism.
5. Do we have any visitors to the group who wish to be recognized? Is there anyone attending their very first AA meeting?
6. Are there any Cypresswood Group or AA-related announcements?
7. "Twelve Traditions of Alcoholics Anonymous"
8. "The Promises"
9. In accordance with the 7th tradition which states that every AA group ought to be fully self-supporting, declining outside contributions, we'll pass the basket halfway through the meeting.

Closing the meeting:

10. Chips
11. Allow the participants who weren't able to share to introduce themselves.
12. Closing prayer